



## SSSAD ACTIVITY POLICY – TRACK & FIELD

1. **Sport Committee** - See SSSAD Constitution – Section E – Article 6.5
  - a. Create the Track & Field Sport Committee at the pre-season meeting.
  - b. A commissioner will be decided upon or announced at the pre-season meeting.
    - i. The duties of the commissioner shall generally be as set out in SSSAD Constitution, Section E, Article 8.4 –Sport Commissioner.
    - ii. The commissioner shall also aid the Consultant in matters as:
      1. Help prepare for all indoor and outdoor meets and assist in running the meets.
      2. Help prepare for the City Championships (outdoors) and assist in running the championship.
      3. Help prepare for the Provincial Championships when held in Saskatoon and assist in running the championship.
      4. Attend and chair meetings of the Sport Committee.
    - iii. The Athletics Consultant shall assume the major responsibility for the preparations necessary for interschool competitions.
2. **Sport Season**
  - a. SHSAA – As defined by the SHSAA Policy for Interschool Competition and the SHSAA Calendar.
  - b. SSSAD – As Defined by the SSSAD Bylaws – Section F – Article 15.7 - Competition Requirements.
    - i. SSSAD Opening: As per SHSAA Calendar.
    - ii. SSSAD Closing: concludes with the Provincial Championships.
3. **Student Athlete Eligibility**
  - a. It is the responsibility of the participating school to ensure that each athlete meets the eligibility requirements of the SHSAA and SSSAD according to:
    - i. SHSAA – See SHSAA Bylaws – Eligibility of Student Participants
    - ii. SSSAD – See SSSAD Bylaws – Section F – Article 13
  - b. SHSAA Eligibility Forms (E5) must be completed on the SHSAA website 24 hours prior to the first league game or scheduled event for the school. Additions and deletions to your roster may be made up to 24 hours prior to the provincial final.

- c. **SSSAD Athlete Registration**, parent consent forms and waivers must be completed in full on the SSSAD website by the parent and athlete. Email confirmation must be received prior to participation in the sport.

#### 4. Rules of Play

- a. **SHSAA – The SHSAA Track & Field Activity Guide will be followed**

- b. **SSSAD exceptions:**

- i. IAAF rules for Track and Field competition will be followed.
- ii. To be eligible for the city championship athletes must participate (enter and compete) in at least one mini meet unless there is a verified doctor note.
- iii. School uniforms (in school colors) must be worn by all competitors. Competitors must wear the competitor number he/she has been entered with on the team entry form.  
**Track club uniforms or commercially printed T-shirts are not permitted.**

Numbers	School	Main Color	Trim Color
1 – 99	Aden Bowman	Gold	Green
100 – 199	Bedford Road	Red	White
200 – 299	Marion Graham	Maroon	Silver/White
300 – 349	Mount Royal	Black	Gold
350 – 399	Open		
400 – 429	Valour Academy	Green	Yellow
430 – 449	ECF	Royal Blue	Yellow
450 – 499	St. Joseph High School	Black	Silver/White
550 – 599	ED Feehan	Royal Blue	White/Gold
600 – 699	Bishop James Mahoney	White	Royal Blue/Kelly Green
700 – 799	Walter Murray	Grey	Royal
800 – 899	Evan Hardy	Navy	Gold
900 – 999	Holy Cross	Green	White
1000 – 1099	Bethlehem	Navy	Harvest Gold
1100 – 1199	Tommy Douglas	Orange	Blue
1200 – 1299	Centennial	Vegas Gold	Cardinal Red
1300 - 1349	Oskayak	Blue	Red/White/Yellow
1350 – 1399	Estey	Black	Purple

- iv. **City Championship Meet Regulations**

1. Event scratches - Any competitor who scratches at the line or does not show up for an event is ineligible to compete in any other event(s), including relays, for the remainder of that day.
2. In Shot Put, Javelin, Discus, Long Jump, and Triple Jump competitors shall be given a warm-up try and three competition tries.
  - a. The top eight will receive three additional tries.
3. Competitors are to be given all three competition tries providing they are back at the event prior to the preliminary rounds being completed.

4. Athletes must compete in the age category for which they wish to be considered for selection for the provincial championship team.
5. Relay eligibility - Competitors who compete in a higher age division than their chronological age can compete in their own age division in both relays (4x100m and 4x400m).
6. The number of competitors to advance to the final in track events shall be:
  - a. Eight (8) in the 100m, 200m, and hurdles,
  - b. The 400m, and relay events will be run as timed section finals.
7. Meet scoring for each event shall be based on the top eight places. Points awarded as follows:
  - 1<sup>st</sup> Place – 10 points
  - 2<sup>nd</sup> Place – 8 points
  - 3<sup>rd</sup> Place – 6 points
  - 4<sup>th</sup> Place – 5 points,
  - 5<sup>th</sup> Place – 4 points
  - 6<sup>th</sup> Place – 3 points
  - 7<sup>th</sup> Place – 2 points
  - 8<sup>th</sup> Place – 1 point

**v. Protests**

1. Protests concerning the technical rules applied in conducting an event in the meet shall be dealt with by the Jury of Appeal at the meet.
  - a. Protests must be in writing and given to the meet director.
  - b. Protests of a major concern, or the need to impose disciplinary measures, shall be referred to the SSSAD as a recommendation from the Coaches' Committee of the Sport. Refer to Section F - Article 9 - Protests.
2. Jury of Appeal
  - a. Track Events - meet director, commissioner, track referee and a 4<sup>th</sup> person chosen at the discretion of the meet director.
  - b. Field Events - meet director, commissioner, field referee, 4th person chosen at discretion of meet director.

**5. League Structure**

- a. **Mini-Meets (Indoor and Outdoor - Schedule, Events, and Entries)**
  - i. Schools shall declare their intention to participate for the season at the pre-season organizational meeting for the sport.
  - ii. A schedule for the mini meets will be drawn up by the Athletic Consultant and Commissioner and presented at the pre-season organizational meeting.
    1. The events offered in each meet shall be determined by the Athletic Consultant and Commissioner.
    2. An events schedule for meets shall be agreed upon and circulated to all schools from the office of the Athletics Consultant.
  - iii. Competitors shall be entered in their proper age group, although exceptions to advance a competitor to a higher age group may be made.

- iv. All schools have the responsibility for:
  1. Arranging for officials (staff members and senior students) for assigned mini meets.
  2. Assist in set up and clean-up of equipment.

**NOTE:** The Athletics Consultant will arrange for all equipment to be at the meet in addition to key officials (e.g. starter(s)). The Athletics Consultant and the commissioner will act as the Meet Directors.

**b. League Championship**

- i. Point accumulation through mini-meets will lead to a League Team Champion. Standings to be based on the following (same as provincials):

1st Place 18 points	9th Place 8 points
2nd Place 16 points	10th Place 7 points
3rd Place 14 points	11th Place 6 points
4th Place 13 points	12th Place 5 points
5th place 12 points	13th place 4 points
6th place 11 points	14th place 3 points
7th place 10 points	15th place 2 points
8th place 9 points	16th place 1 point

- ii. These points will be aggregated over the League Season to determine the **League Team Champion**.
- iii. **Note:** A maximum of 4 athletes from a school can collect points in any one event at any given Mini Meet. After the totals of the team points for each meet are tabulated, points for each meet will be awarded to schools using the same point scoring system as above.

**c. City Championship Meet**

- i. The date of the City Championship shall be determined by the Athletic Consultant annually and to be held at least one week prior to the SHSAA Provincial Championships.
- ii. The City Championship shall be based on an outdoor competition open to all Saskatoon schools who are members of SSSAD.
- iii. The schedule of events will generally be the events required in the Provincial Championship.
- iv. Preparations for the meet will be under the direction of the Athletics Consultant and the sport commissioner. (Schools will share in providing staff to serve as officials.)
- v. Schools shall enter the names (in full) of team members by **event** and by **competitor number** when submitting the entry form.
  1. All school entries must be submitted prior to the meet so that event/heat sheets can be prepared.
  2. Dates for the submission of school entries will be determined by the sport committee annually.
- vi. Each school may enter two competitors per event in each age group.
  1. **Wildcard Entries - Schools are allowed to enter 2 additional male single event entries and 2 additional female single event entries total (for the entire team), no matter the age division, beyond the 2-competitor limit for that particular**

**event (possible 32 male event entries and 32 female event entries excluding relays for each school).**

- vii. Competitors are limited to 4 events plus relays.
- viii. There shall be no limit to team size.
- ix. Competitors shall be entered in the age group determined by birth date as per SHSAA bylaws.
  - 1. Competitors may be moved up in age categories but may not be moved to a younger age category.
- x. Any changes in the original entry list must be made prior to the starting time of the session of the meet during which the event is scheduled. These timelines to be determined annually at the preseason sport committee meeting.

**d. Provincial Championship**

- i. The selection of the District Team for the Provincial Championship will be determined at a Provincial Team Selection Meeting.
  - 1. Selection committee includes Athletics Consultant, sport commissioner and a coach representative from all participating schools.
- ii. Selection shall be based on the performances of athletes in the City Championships.
- iii. Two athlete representatives for each event will be sent to the Provincial Championships. Athletes who finish first and second in the senior, junior and intermediate categories will be given first consideration in those events. Exceptions may be made by a consensus of the selection committee.
- iv. A coach or teacher representative from each school with competing athletes must accompany/travel on the bus with their athletes. A division designate if necessary, must travel with athletes.

**6. Tie Breaking**

- a. **City Championship** - In the event of a tie in the aggregate point total at the City Championship the schools shall be declared co-champions and each school shall hold the trophy for an equal part of the school year.
- b. **Pennant** - A tie for an age division pennant shall be resolved by presentation of duplicate awards.
- c. **Most Improved School - SSSAD Trophy** - school which shows the greatest point improvement over the previous year provided that school did not win the championship trophy. In that case the school with the 2nd most point improvement shall win the SSSAD trophy.

**7. Awards - City Championships**

- a. **Championship Trophy** – presented to the school that garners the most points at the city championship.
- b. **League Championship Trophy** – presented to the school that garners the most combined points in all mini-meets.

- c. **Pennants (6)** - winners of age divisions.
- d. **SSSAD Trophy - Most Improved School** – most improved school from previous year.
- e. **Medals** - for 1st, 2nd, and 3rd place finishers.

## 8. Discipline/Ejection

- a. **Breach of bylaws by students or teams – SSSAD Bylaws – Section F – Article 20 – Breach of Bylaws**
- b. **Player Ejection - SSSAD – See SSSAD Bylaws – Section F – Article 17.4 – Conduct**
  - The head official shall complete an Officials Special Report Form (E9) found on the SHSAA website (under forms). The E9 Form must be emailed to the Athletic Consultant immediately following the game.
  - Coaches are required to report the player ejection to the Athletic Consultant.
  - Such suspensions shall be automatic.
  - An appeal may be submitted by email by the Head Coach, Athletic Director and Principal to the Consultant (Athletics) by 5:00 p.m. on the next school day.
- c. **Coach Ejection**
  - i. **SSSAD – See SSSAD Bylaws – Section F – Article 17.5 - Conduct**
  - ii. **SHSAA – See SHSAA Bylaws – Ejection of a Coach from a Contest**