

## SSSAD Twilight Meet May 15 - 2024-05-15

## Gordie Howe Sports Complex

## Results

## Girls 100 Meter Dash Intermediate

Name	School	Finals
<b>Finals</b>		
1	Ukandu-Ndubueze, Didi	Holy Cross 13.11
2	Drabyk, Makayla	Holy Cross 13.86
3	Meinert, Natalie	Centennial 14.05
4	Vandeven, Lily-Claire	Centennial 14.11
5	Elliott, Shiloh	Holy Cross 14.12
6	Charlton, Raeya	St Joseph 14.17
7	Anih, Michelle	Holy Cross 14.17
8	Nyekanyeka, Ramona	St Joseph 14.25
9	Fadeyi, Tesola	Centennial 14.27
10	Bell, Sofie	Walter Murra 14.43
11	Olabiyi, Fiyinfoluwa	St Joseph 14.48
12	Kostyk, Olivia	St Joseph 14.50
13	Clarke, Aliya	St Joseph 14.53
14	hoehn, Marlee	Evan Hardy 14.53
15	Johnstone, Shanara	Bishop James 14.54
16	Wiker, Addie	Bishop James 14.54
17	Smith, Juliette	Walter Murra 14.57
18	Merejilla, Sheila Mae	St Joseph 14.60
19	Boehm, Ayla	St Joseph 14.62
20	Bestman, Janjay	Holy Cross 14.68
21	Scrobe, Logan	Centennial 14.68
22	Semkiw, Kacie	St Joseph 14.75
23	Abass, Aleezah	Centennial 14.77
24	Tarnarutska, Kristina	Holy Cross 14.84
25	Loshack, Cooper	Aden Bowman 14.84
26	Carlson, Sarah	Centennial 14.86
27	Lim, Audrey	St Joseph 14.89
28	Twagilimana, Esther	Evan Hardy 15.02
29	Fairburn, Sydney	Bedford Road 15.07
30	Dennis, Arielle	St Joseph 15.07
31	Dykstra, Jessica	Marion Graha 15.11
32	Mbuyamba, Elize	Centennial 15.13
33	Dowhay, Caidance	St Joseph 15.13
34	Block, Hilary	Bedford Road 15.13
35	Scott, Cameron	Aden Bowman 15.14
36	Shwydiuk, Jade	Centennial 15.14
37	Lepage, Sophie	Holy Cross 15.19
38	Klein, Olivia	Aden Bowman 15.20
39	Selk, Isabella	Centennial 15.23
40	Mohamed, Warda	Bedford Road 15.26
41	Dalnoki, Willow	Bethlehem 15.26
42	Spiess, Jordana	St Joseph 15.28
43	Rhine, Lexi	Bishop James 15.29
44	Abundo, Luisa	Holy Cross 15.30
45	Homeniuk, Ava	Bishop James 15.30
46	Boehmer, Abby	Bishop James 15.46
47	Beattie, Grace	Bishop James 15.47
48	Fletcher, Brynn	St Joseph 15.51
49	Shakotko, Riel	Bishop James 15.52
49	Myrol, Kate	Bishop James 15.52
51	Coronacion, Sam	Holy Cross 15.54
52	Fabrick, Kennidy	Bedford Road 15.55

53	Kinar, Kayla	Centennial	15.55
54	Soanes, Ailie	Centennial	15.58
55	Leu, Sophia	Bishop James	15.63
56	Gabriel, Dianna	Tommy Dougla	15.64
57	Singkala, Hannah	St Joseph	15.65
58	Liang, Anran	Centennial	15.69
58	Saruchera, Chiedza	Holy Cross	15.69
60	Ramage, Roxy	Evan Hardy	15.72
61	Robinson, Theresa	St Joseph	15.76
62	Ajewole, Shalom	Holy Cross	15.77
63	Tinampay, Ella	Bishop James	15.81
64	Hameluck, Grace	Centennial	15.91
65	Dehghan Manshadi, Layla	Centennial	15.93
66	Moulic, Kiandra	Bethlehem	15.95
67	Xu, Rose	Holy Cross	15.98
68	Fehr, Kayla	Bedford Road	16.00
69	Brad, Arina	Centennial	16.08
70	Wong, Jade	Bedford Road	16.08
71	Matiychuk, Diana	St Joseph	16.08
72	Buttinger, Jade	St Joseph	16.10
73	Fashola, Sinmi	St Joseph	16.12
74	Hosain, Jillian	Centennial	16.13
75	Gilkinson, Lillian	Bedford Road	16.16
76	Hoskins, Lanaya	Centennial	16.18
77	Revering, Brooklyn	St Joseph	16.21
78	Harmon, Shelby	Centennial	16.22
79	Dzyuba, Tayisiya	St Joseph	16.27
80	Desbiens-Frank, Leila	Holy Cross	16.40
81	Keats, Mikayla	Walter Murra	16.45
81	Teekasingh, Elise	Walter Murra	16.45
83	Bergerman, Rebecca	St Joseph	16.50
84	Carter, Austynne	Evan Hardy	16.55
85	Murshed, Suraya	Bedford Road	16.55
86	Siebert, Grace	Bishop James	16.58
87	McCumber, Heidi	Walter Murra	16.65
88	Simard, Beatrix	Walter Murra	16.69
89	Qin, Sheryl	Bedford Road	16.75
90	Okechukwu, Chizaram	St Joseph	16.82
91	Owolabi, Moyo	Holy Cross	16.83
92	Dover, Nyela	Bedford Road	16.83
93	Schwartz, Paige	Evan Hardy	16.86
94	Podder, Debadrita	Walter Murra	16.93
95	Jiang, Stella	Walter Murra	17.11
96	Attanayake, Sathini	Walter Murra	17.13
97	Zapata Hidalgo, Ana	Centennial	17.21
98	Fadlelmawla, Maya	Centennial	17.35
99	Reich, Meghan	St Joseph	17.62
100	Matsiiovska, Olesia	Bethlehem	18.40
101	Das, Ahaana	Centennial	18.63
102	Shlassie, Bethlehem	Walter Murra	19.51

## Girls 400 Meter Dash Intermediate

Name	School	Finals
<b>Finals</b>		
1	Smith, Juliette	Walter Murra 1:05.69
2	Milnthorp, Julia	Bishop James 1:05.76

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## Gordie Howe Sports Complex

## Results

**Finals ... (Girls 400 Meter Dash Intermediate)**

	<b>Name</b>	<b>School</b>	<b>Finals</b>
3	Clarke, Aliya	St Joseph	1:06.83
4	Scott, Cameron	Aden Bowman	1:07.53
5	Wiker, Addie	Bishop James	1:08.88
6	Deutscher, Ryan	Walter Murra	1:09.00
7	Mohamed, Warda	Bedford Road	1:11.51
8	Russell, Lauren	Marion Graha	1:12.42
9	Meinert, Natalie	Centennial	1:12.49
10	Dykstra, Jessica	Marion Graha	1:12.68
11	Thompson, Sophie	Tommy Dougla	1:13.30
12	Miller, Marlaa	Centennial	1:13.35
13	Homeniuk, Ava	Bishop James	1:14.96
14	Bilinski, Kianna	Walter Murra	1:15.08
15	Dalnoki, Willow	Bethlehem	1:16.72
16	Dzyuba, Tayisiya	St Joseph	1:17.56
17	Bergerman, Rebecca	St Joseph	1:17.95
18	Siebert, Grace	Bishop James	1:18.53
19	Liang, Anran	Centennial	1:19.00
20	Jiang, Stella	Walter Murra	1:20.87
21	Xu, Rose	Holy Cross	1:21.42
22	Dehghan Manshadi, Layla	Centennial	1:23.26
23	Schwartz, Paige	Evan Hardy	1:24.45
24	Tinampay, Ella	Bishop James	1:24.90
25	Brad, Arina	Centennial	1:25.51
26	Fehr, Kayla	Bedford Road	1:27.08
27	Zapata Hidalgo, Ana	Centennial	1:30.29
---	Moulie, Kiandra	Bethlehem	DNF

**Girls 1500 Meter Run Intermediate**

	<b>Name</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>			
1	Deutscher, Ryan	Walter Murra	5:25.74
2	Russell, Lauren	Marion Graha	5:26.53
3	Milnthorp, Julia	Bishop James	5:31.28
4	Smith, Juliette	Walter Murra	5:31.55
5	Loshack, Cooper	Aden Bowman	5:32.02
6	Shakotko, Riel	Bishop James	5:41.60
7	Rittinger, Aubrie	Aden Bowman	5:42.84
8	Vasconez, Bella	Bishop James	5:42.84
9	Hanson, Adalie	Holy Cross	6:01.16
10	Makowsky, Kamaya	St Joseph	6:13.84
11	Qin, Elizabeth	Holy Cross	6:19.15
12	Bilinski, Kianna	Walter Murra	6:19.62
13	Wang, Bella	Evan Hardy	6:20.88
14	Stroh, Jacine	St Joseph	6:29.02
15	Dykstra, Jessica	Marion Graha	6:30.12
16	Salooja, Naamroop	Bedford Road	6:40.73
17	Knihnitski, Peyton	St Joseph	6:47.66
18	Jiang, Stella	Walter Murra	6:54.73
19	Keats, Mikayla	Walter Murra	7:08.11

**Girls High Jump Intermediate**

	<b>Name</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>			
1	Charlton, Raeya	St Joseph	1.55m

2	Carlson, Sarah	Centennial	J1.35m
3	Loshack, Cooper	Aden Bowman	J1.35m
4	Block, Hilary	Bedford Road	J1.30m
5	Fairburn, Sydney	Bedford Road	J1.30m
6	hoehn, Marlee	Evan Hardy	J1.30m
7	Adebowale, Berta	Holy Cross	J1.30m
8	Procysheh, Kennley	Walter Murra	J1.25m
9	Kinar, Kayla	Centennial	J1.25m
10	Vu, Quynh	St Joseph	J1.25m
11	Ajewole, Shalom	Holy Cross	J1.25m
12	Murshed, Suraya	Bedford Road	J1.25m
13	Ulrich, Emerson	Marion Graha	J1.25m
14	Tarnarutska, Kristina	Holy Cross	J1.20m
15	Keats, Mikayla	Walter Murra	J1.20m

**Girls Discus Throw Intermediate**

	<b>Name</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>			
1	Bishop, Cassandra	Evan Hardy	21.62m
2	Makowsky, Kamaya	St Joseph	20.03m
3	Baier, Jewel	Holy Cross	19.08m
4	Molnar, Lauren	Marion Graha	18.79m
5	Stroh, Jacine	St Joseph	18.53m
6	Chupa, Bailee	Walter Murra	18.08m
7	Gee, Ava	Walter Murra	17.34m
8	Shwydiuk, Jade	Centennial	16.81m
9	Szydlowski, Linnea	St Joseph	15.70m
10	Keeler, Danica	Walter Murra	15.25m
11	Semkiw, Kacie	St Joseph	15.23m
12	Santos, Elyssa	Tommy Dougla	14.48m
13	Shuya, Katherine	Bedford Road	13.60m
14	Cloud-Crain, Teresa	ED Feehan	13.15m
15	Kasstan, Sonia	Bedford Road	11.18m
16	Matiychuk, Diana	St Joseph	10.04m
17	Zhao, Sissi	Centennial	9.08m
---	Murshed, Suraya	Bedford Road	ND
---	Frey, Addison	Holy Cross	ND

**Girls 100 Meter Dash Junior**

	<b>Name</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>			
1	McCleary, Morgan	St Joseph	13.33
2	Lockert, Lauren	St Joseph	13.78
3	Roberts, Syanna	Evan Hardy	13.83
4	Kucherhan, Makenna	Bethlehem	13.87
5	Reid, Alaina	Bedford Road	14.06
6	Bestman, Marsayn	Holy Cross	14.11
7	Hay, Hillary	Marion Graha	14.16
8	Miller, Sage	Centennial	14.28
9	Zhang, Amy	Walter Murra	14.44
10	Laskowski, Ashlyn	St Joseph	14.44
11	Yeo, Evalyn	Evan Hardy	14.57
12	Akpakpan, Favor	St Joseph	14.60
13	Labelle, Viviana	St Joseph	14.61
14	Murza, Aybria	St Joseph	14.62
15	Dixon, Natalia	Centennial	14.62

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## Gordie Howe Sports Complex

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**Finals ... (Girls 100 Meter Dash Junior)**

Name	School	Finals
16 Limin, Natasha	Holy Cross	14.62
17 Ledding, Sophie	Evan Hardy	14.68
18 Detillieux, Katelyn	Bethlehem	14.71
19 Ekpenyong, Ubokobong	Walter Murra	14.75
20 Banigesh, Asma	Walter Murra	14.78
21 Swan, Cedar	Centennial	14.83
22 Do, Linda	Bethlehem	14.93
23 Uzoh, Chidumebi	Holy Cross	15.01
24 Asuncion, Leyada	Bishop James	15.10
25 Farkas, Ava	Bedford Road	15.14
26 Oyeleye, Feranmi	Bethlehem	15.17
27 Chamko Pouako, Hilary	Ecole Canadi	15.17
28 Brauner, Elena	Bishop James	15.21
29 Trew, Madelynn	Holy Cross	15.22
30 Minott, Anushka	Holy Cross	15.41
31 Vanatoru, Diana	Bethlehem	15.45
32 Oseghale, Efera	Bethlehem	15.53
33 Ketiku, Ife	Holy Cross	15.55
34 Wirll, Sara	Bishop James	15.65
35 Martin, Jessica	Walter Murra	15.69
36 Campeau, Katiana	Holy Cross	15.75
37 Wulff, Halle	Aden Bowman	15.76
38 Niven, Megan	Centennial	15.86
39 Rodulfa, Jenna	Bethlehem	15.86
40 Fortugno Blake, Paolina	Holy Cross	16.06
41 Bagu-Yathon, Namisa	Walter Murra	16.08
42 Landry, Nadya	Bishop James	16.20
43 Yassin, Feruz	Bethlehem	16.22
44 Nwachukwu, Jayne	Holy Cross	16.32
45 Lynden, Avery	St Joseph	16.49
46 Saif, Zaynah	Walter Murra	16.52
47 Boychuk, Camryn	Centennial	16.70
48 Terrobias, Xeo Elisha	Holy Cross	17.22
49 Reynolds, Molly	Walter Murra	17.26
50 Antonio, Danika Ysabella	Holy Cross	17.31
51 Borowsky, Ashley	Bishop James	17.63
52 Adum, Ceberta	Walter Murra	18.13
53 Ninan, Sophia	Aden Bowman	18.57

**Girls 400 Meter Dash Junior**

Name	School	Finals
<b>Finals</b>		
1 Stack-Michasiw, Lydia	Walter Murra	1:04.27
2 Lange, Jersey	Holy Cross	1:05.65
3 Huber, Claire	Tommy Dougla	1:06.89
4 Murza, Aybria	St Joseph	1:06.97
5 King, Elaine	Walter Murra	1:08.13
6 Banigesh, Asma	Walter Murra	1:08.34
7 Laskowski, Ashlyn	St Joseph	1:09.31
8 Detillieux, Katelyn	Bethlehem	1:10.05
9 Limin, Natasha	Holy Cross	1:10.66
10 Zhang, Amy	Walter Murra	1:10.91
11 Yeo, Evalyn	Evan Hardy	1:11.29
12 Timm, Ava	Walter Murra	1:13.49

13 Landry, Nadya	Bishop James	1:17.63
14 Reid, Isabelle	Centennial	1:18.76
15 Flett, Ellyn	Tommy Dougla	1:18.87
16 Wirll, Sara	Bishop James	1:21.71
17 Yassin, Feruz	Bethlehem	1:21.99
18 Okkerse, Kara	Bethlehem	1:34.33

**Girls 1500 Meter Run Junior**

Name	School	Finals
<b>Finals</b>		
1 Woods, Naysa	Centennial	4:47.42
2 Lange, Jersey	Holy Cross	5:38.58
3 Jardine, Edie	Holy Cross	5:43.09
4 Dykstra, Sabrina	Marion Graha	5:44.56
5 Hamel, Sierra	Bishop James	5:45.03
6 Puff, Violet	Centennial	5:46.71
7 Huber, Claire	Tommy Dougla	5:57.73
8 Smith, Ollie	Centennial	5:58.67
9 Timm, Ava	Walter Murra	6:06.41
10 Baudais, Bailey	St Joseph	6:09.78
11 Limin, Natasha	Holy Cross	6:12.01
12 Deschamp, Audrey	Walter Murra	7:09.24

**Girls High Jump Junior**

Name	School	Finals
<b>Finals</b>		
1 Ledding, Sophie	Evan Hardy	1.45m
2 Brauner, Elena	Bishop James	J1.35m
3 Martin, Jessica	Walter Murra	J1.35m
4 Dixon, Natalia	Centennial	J1.35m
5 Nilson, Elizabeth	Holy Cross	J1.30m
6 Basko, Marlee	Holy Cross	J1.30m
7 Baudais, Bailey	St Joseph	J1.30m
8 Vong, Jasmine	Marion Graha	J1.30m
9 Farkas, Ava	Bedford Road	1.25m

**Girls Discus Throw Junior**

Name	School	Finals
<b>Finals</b>		
1 Shadiya, Anjola	Holy Cross	24.74m
2 Dixon, Natalia	Centennial	20.86m
3 Braden, Aimee	Marion Graha	19.62m
4 Reid, Isabelle	Centennial	19.07m
5 Lockert, Lauren	St Joseph	18.12m
6 Labelle, Viviana	St Joseph	17.91m
7 Dixon, Adrianna	Centennial	17.46m
8 Regier, Lucille	St Joseph	16.91m
9 Saif, Zaynah	Holy Cross	16.54m
10 Emokaro, Yuwa	Holy Cross	16.08m
11 Uzoh, Chidumebi	Holy Cross	16.00m
12 Miller, Sage	Centennial	15.89m
13 Drewlo, Emerson	Marion Graha	15.81m
14 Wagner, Elyse	Centennial	15.68m
15 Weiss, Ella	Marion Graha	15.57m
16 Germann, Madison	Bethlehem	15.36m
17 Neufeldt, Ella	Bedford Road	15.34m

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## Gordie Howe Sports Complex

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<b>Finals ... (Girls Discus Throw Junior)</b>			
	<b>Name</b>	<b>School</b>	<b>Finals</b>
17	Niven, Megan	Centennial	15.34m
19	Ibeme, Sochi	Holy Cross	14.94m
20	Atobatele, Eniola	Holy Cross	14.90m
21	Mutia, Hyacinth	St Joseph	14.43m
22	Wokekoro, Stella	St Joseph	14.35m
23	Md Maskandar Ali, Fahim	Ecole Canadi	14.20m
24	Sasata, Natasha	Walter Murra	13.47m
25	Okorochukwu, Chantel	St Joseph	12.82m
26	Reynolds, Molly	Walter Murra	12.44m
27	Jarvis, Claire	Centennial	11.30m
28	Evans, Cassidy	Marion Graha	10.50m
29	Strawson, Claudia	Centennial	10.01m

<b>Girls 100 Meter Dash Senior</b>			
	<b>Name</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>			
1	Wilson, Olivia	St Joseph	12.95
2	Obidiya, Esther	St Joseph	13.01
3	McCarty, Milah	Marion Graha	14.05
4	Blyth, Ella	St Joseph	14.08
5	Ojeifo, Elmer	Centennial	14.17
6	Spence, Evva	Centennial	14.33
7	Zary, Alyssa	Evan Hardy	14.36
8	Colborne, Julia	Walter Murra	14.37
9	Itaketo, Blessing	ED Feehan	14.38
10	Hanson, Jocelyn	Holy Cross	14.46
11	Rittinger, Nora	Aden Bowman	14.52
12	Wilson, Drew	Marion Graha	14.57
13	Bennett, Claire	Walter Murra	14.61
14	Dechka, Isabella	St Joseph	14.66
15	Malith, Rebecca	Bethlehem	14.72
16	Chen, Shiloh	Tommy Dougla	14.81
17	Hawkins, Emily	Tommy Dougla	14.85
18	Dirpaul, Evie	Centennial	14.91
19	Sindel, Liane	Bethlehem	15.09
20	Mundell, Ava	Walter Murra	15.11
21	Chumala, Arbe	Walter Murra	15.29
22	Chen, Angie	Centennial	15.36
23	Mak, Janice	Bethlehem	15.74
24	Hunter, Shea	Bishop James	15.89
25	Salamon, Charlotte	Walter Murra	16.04
26	Dehghan Manshadi, Odess	Centennial	16.22
27	Irving-Swartz, Alexa	Walter Murra	16.31
28	Dhanju, Raaviya	Bedford Road	16.44
29	Lyons, Elizabeth	Walter Murra	16.52
30	Smith, Kayte	Centennial	16.56
31	Ewaskow, Jazlin	Aden Bowman	16.71
32	Nechvatal, Anika	Holy Cross	17.06
33	Somucart, Esther	Bethlehem	17.13
34	Haq, Isra	Bedford Road	17.31
35	Verma, Shravya	Aden Bowman	17.36
36	Petten, Zofia	ED Feehan	17.56
37	Adewolu, Aanu	St Joseph	17.67
38	Basa, Shawn	Bethlehem	18.05

39	Ivanova, Polina	Bedford Road	18.05
<b>Girls 400 Meter Dash Senior</b>			
	<b>Name</b>	<b>School</b>	<b>Finals</b>

<b>Finals</b>			
1	Morog, Zuzana	Walter Murra	1:02.05
2	Wilson, Olivia	St Joseph	1:02.50
3	Shelton, Kyra	Aden Bowman	1:03.51
4	Smith, Lauren	Walter Murra	1:04.68
5	Kozak, Kaprice	Bishop James	1:05.09
6	Hansen, Victoria	Centennial	1:07.40
7	Nemeth, Eszter	Walter Murra	1:07.90
8	Rittinger, Nora	Aden Bowman	1:08.20
9	McCarty, Milah	Marion Graha	1:08.81
10	Kupser, Ella	Centennial	1:09.34
11	Mundell, Ava	Walter Murra	1:11.40
12	Prokop, Charli	St Joseph	1:11.96
13	Bennett, Claire	Walter Murra	1:12.10
14	Casavant, Madison	St Joseph	1:15.46
15	Lukan, Lauryn	Marion Graha	1:17.20
16	Mak, Janice	Bethlehem	1:18.36
17	Nechvatal, Anika	Holy Cross	1:19.27
18	Corrigan, Nizanna	Centennial	1:20.09
19	Smith, Kayte	Centennial	1:24.40
20	Ewaskow, Jazlin	Aden Bowman	1:33.74

<b>Girls 1500 Meter Run Senior</b>			
	<b>Name</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>			
1	Beveridge-Warick, Annie	Aden Bowman	5:04.49
2	Nemeth, Eszter	Walter Murra	5:08.24
3	Hilderman, Caley	Marion Graha	5:13.25
4	Turnbull, Hazel	Walter Murra	5:32.81
5	Mundell, Ava	Walter Murra	6:00.33
6	Lozinsky, Alexa	St Joseph	6:05.69
7	Krushelnyska, Anastasia	Bethlehem	6:13.94
8	Prokop, Charli	St Joseph	6:26.13
9	Cameron, Camilla	Bedford Road	7:34.95

<b>Girls High Jump Senior</b>			
	<b>Name</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>			
1	Hanson, Jocelyn	Holy Cross	1.64m
2	Malith, Rebecca	Bethlehem	1.35m
3	Chen, Shiloh	Tommy Dougla	1.30m

<b>Girls Discus Throw Senior</b>			
	<b>Name</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>			
1	Struhar, Charley	Mount Royal	26.40m
2	Jetzke, Megan	Walter Murra	22.94m
3	Doll, Olivia	Bedford Road	22.54m
4	Wilson, Olivia	St Joseph	22.39m
5	Disue, Faithful	Holy Cross	20.28m
6	Lux, Milla	Bethlehem	19.77m
7	Walker, Faith	Walter Murra	18.83m

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## Finals ... (Girls Discus Throw Senior)

Name	School	Finals
7 Peacock, Shelby	Tommy Dougla	18.83m
9 Adenuga, Tore	Holy Cross	18.51m
10 Kielo, Keanna	Ecole Canadi	18.35m
11 Shynkaruk, Abbie	Walter Murra	17.11m
12 Hilkewich, Damaris	Bishop James	16.80m
13 Irving-Swartz, Alexa	Walter Murra	13.43m
14 Emokaro, Favour	Holy Cross	12.45m
15 Imafidon, Juanita	Holy Cross	12.33m
16 Omar, Dareen	Walter Murra	12.32m
17 Adewolu, Aanu	St Joseph	8.44m
--- Prytula, Chloe	Mount Royal	FOUL

## Boys 100 Meter Dash Intermediate

Name	School	Finals
1 Blackburn, Ben	Aden Bowman	11.86
2 Rings, Jayden	Centennial	12.04
3 Wiggins, Traven	Holy Cross	12.23
4 Amoako, Anthony	Walter Murra	12.68
5 Bosch, Noah	Bishop James	12.73
6 Ngombe, Prince	Holy Cross	12.80
7 Clarke, Lorenzo	Bishop James	12.81
8 Ransom, Reid	Walter Murra	12.81
9 Adamus, Taylor	Centennial	12.82
10 Spence, Hayden	Holy Cross	12.85
11 Macfarlane, Mason	Bishop James	12.89
12 Pollock, Kristjan	Bishop James	12.99
13 Roe, Jake	Walter Murra	13.01
14 Ternowsky, Logan	Centennial	13.03
14 Oluwafemi, Emmanuel	Bethlehem	13.03
16 Sawchuk, Will	St Joseph	13.03
17 Shaik, Omar	Bedford Road	13.10
18 Chen, Rongtai	Centennial	13.12
19 Awelewa, Gabriel	Bishop James	13.14
20 Martins, Demiladeogo	Bethlehem	13.15
21 Bhol Nyok, Kuel	Bethlehem	13.17
22 Tompson, John	Walter Murra	13.21
23 Hopkins, Michael	Centennial	13.22
24 Namit, Nathaniel	Holy Cross	13.24
25 Linantud, Fidel	St Joseph	13.25
26 Gerwing, Miller	Centennial	13.27
27 Eymann, Blake	Bedford Road	13.29
28 Wilde, Finlay	Aden Bowman	13.31
29 Ly, Ryu	Bedford Road	13.34
30 Olajumoke, Tooki	Holy Cross	13.35
31 Obialo, Williams	Bethlehem	13.37
32 Ball, Matthew	St Joseph	13.49
33 Oluwabiyi, Kisu	Holy Cross	13.49
34 Nguyen, Maxson	Bishop James	13.52
35 Jacob, Vincent	Bedford Road	13.53
36 Parkinson, Fenton	Walter Murra	13.59
37 Vijiga, Jen0	St Joseph	13.63
38 Edwards, Evan	St Joseph	13.70
39 Filal, Nouh	Walter Murra	13.80

40 Mills, Mason	Marion Graha	13.82
41 Gibril, Sean	Holy Cross	13.84
42 Abeleda, Bryan Karl	St Joseph	14.12
43 Kamau, Andy	Holy Cross	14.13
44 Agwuna, Adrian	St Joseph	14.15
45 Zhao, Ryan	Evan Hardy	14.17
46 Mistry, Rishabh	Bedford Road	14.20
47 Okeefe, Hunter	Bishop James	14.20
48 O'Soup, Enoch	Centennial	14.35
49 Molina, Justin	St Joseph	14.43
50 Alit, Hunter	ED Feehan	14.44
51 Vasluian, Vlad	Evan Hardy	14.54
52 Martel, Theo	Walter Murra	14.56
53 Oke, Oreoluwa	St Joseph	14.63
54 Bangura, Jaydin	Bethlehem	14.69
55 Reeves, Henry	Walter Murra	14.74
56 Rysavy, Ben	Bishop James	15.14
57 Epp, Andrew	Holy Cross	15.32
58 Quito, Angelo	Centennial	15.61
59 Gonzalze, Tristan	Bedford Road	15.88
60 Sharma, Nirvan	Walter Murra	15.92

## Boys 400 Meter Dash Intermediate

Name	School	Finals
1 Bhol Nyok, Kuel	Bethlehem	57.99
2 Martins, Demiladeogo	Bethlehem	58.25
3 Sawchuk, Will	St Joseph	58.65
4 Friesen, Cole	Walter Murra	58.97
5 Lim, Dracen	Walter Murra	59.02
6 Rings, Jayden	Centennial	59.86
7 Ransom, Reid	Walter Murra	1:00.05
8 Arthurs, Ezra	Bethlehem	1:00.08
9 Obialo, Williams	Bethlehem	1:00.39
10 Amanuel, Neby	Holy Cross	1:01.41
11 Roba, Bariso	Bedford Road	1:02.14
12 Wilde, Finlay	Aden Bowman	1:02.37
13 Gerard, Dominik	ED Feehan	1:02.38
14 Filal, Nouh	Walter Murra	1:02.76
15 Vijiga, Jen0	St Joseph	1:03.02
16 Beauchamp, Jarrett	Evan Hardy	1:04.22
17 Oluwafemi, Emmanuel	Bethlehem	1:04.24
18 Zoumar, Ghassane	Walter Murra	1:04.26
19 Hooper, Edward	Walter Murra	1:04.36
20 Shaik, Omar	Bedford Road	1:04.49
21 O'Soup, Enoch	Centennial	1:04.73
22 Eymann, Blake	Bedford Road	1:04.82
23 Parkinson, Fenton	Walter Murra	1:05.58
24 Martel, Theo	Walter Murra	1:06.15
25 Okeefe, Hunter	Bishop James	1:06.31
26 Chang, Brian	Centennial	1:07.36
27 Gibril, Sean	Holy Cross	1:08.63
28 Mehmood, Kashif	Walter Murra	1:09.73
29 Reeves, Henry	Walter Murra	1:10.69
30 Awasis, Julian	Centennial	1:11.15
31 Lam, Tyler	Walter Murra	1:12.31

## SSSAD Twilight Meet May 15 - 2024-05-15

## Gordie Howe Sports Complex

## Results

**Finals ... (Boys 400 Meter Dash Intermediate)**

Name	School	Finals
32 Quito, Angelo	Centennial	1:12.76
33 Epp, Andrew	Holy Cross	1:14.20

**Boys 1500 Meter Run Intermediate**

Name	School	Finals
1 Sawchuk, Will	St Joseph	4:43.95
2 Li, Bertin	Walter Murra	4:51.71
3 Beveridge-Warick, Taras	Aden Bowman	4:57.70
4 Kennedy, Landon	Holy Cross	5:04.03
5 Pek, Luca	Holy Cross	5:05.67
6 Laskowski, Matthew	Walter Murra	5:05.80
7 Friesen, Cole	Walter Murra	5:07.19
8 Zoumar, Ghassane	Walter Murra	5:07.26
9 O'Soup, Enoch	Centennial	5:09.01
10 Gerard, Dominik	ED Feehan	5:15.65
11 Beauchamp, Jarrett	Evan Hardy	5:19.25
12 Mehmood, Kashif	Walter Murra	5:22.89
13 Filal, Nouh	Walter Murra	5:22.91
14 Gibril, Sean	Holy Cross	5:23.94
15 Hooper, Edward	Walter Murra	5:24.51
16 Semchyshen, Peter	Bethlehem	5:26.25
17 Sawchyn, Charles	Walter Murra	5:26.27
18 Treimans, Dane	St Joseph	5:31.07
19 Chang, Brian	Centennial	5:32.77
20 Solomon, Juvan	Centennial	5:33.01
21 Awasis, Julian	Centennial	5:39.00
22 Reeves, Henry	Walter Murra	5:41.26
23 Neumann, Bennett	Bishop James	5:42.21
24 Parkinson, Fenton	Walter Murra	5:42.37
25 Kovitch-Mudrey, Boston	Tommy Dougla	5:50.14
26 Sharma, Nirvan	Walter Murra	5:51.75
27 Lam, Tyler	Walter Murra	5:58.61
28 Prang, Asher	St Joseph	6:19.68
--- James, Brice	Centennial	DNF

**Boys Long Jump Intermediate**

Name	School	Finals
1 Pollock, Kristjan	Bishop James	5.60m
2 Adamus, Taylor	Centennial	5.12m
3 Ly, Ryu	Bedford Road	5.09m
4 Hopkins, Michael	Centennial	5.01m
5 Chen, Rongtai	Centennial	4.99m
6 Clarke, Lorenzo	Bishop James	4.93m
7 Linantud, Fidel	St Joseph	4.90m
8 Namit, Nathaniel	Holy Cross	4.83m
9 Oluwabiyyi, Kisu	Holy Cross	4.79m
10 Ransom, Reid	Walter Murra	4.78m
11 Ngombe, Prince	Holy Cross	4.74m
12 Edwards, Evan	St Joseph	4.63m
13 Ternowsky, Logan	Centennial	4.56m
14 Spence, Hayden	Holy Cross	4.43m
15 Boucher, Mateo	Holy Cross	4.42m

15 Ball, Matthew	St Joseph	4.42m
17 Gibril, Sean	Holy Cross	4.39m
18 Oluwafemi, Emmanuel	Bethlehem	4.31m
19 Parkinson, Fenton	Walter Murra	4.30m
20 Laprairie, Ezra	Aden Bowman	4.29m
21 Rings, Jayden	Centennial	4.28m
22 Navgui, Shahnawer	Tommy Dougla	4.27m
22 Mistry, Rishabh	Bedford Road	4.27m
24 Vasluian, Vlad	Evan Hardy	4.17m
25 Awasis, Julian	Centennial	4.04m
26 Alit, Hunter	ED Feehan	4.03m
27 Vijiga, Jen	St Joseph	4.00m
28 O'Soup, Enoch	Centennial	3.90m
29 Agwuna, Adrian	St Joseph	3.88m
30 Pickering, Drew	Bishop James	3.85m
31 Epp, Andrew	Holy Cross	3.74m
32 Kabatoff Rolston, Elijah	ED Feehan	3.71m
33 Prang, Asher	St Joseph	3.61m
34 James, Brice	Centennial	3.49m
35 Quito, Angelo	Centennial	3.16m

**Boys Javelin Throw Intermediate**

Name	School	Finals
1 Fleury, Noah	Tommy Dougla	28.78m
2 Rysavy, Ben	Bishop James	27.74m
3 Oliynyk, George	Bedford Road	26.87m
4 Robulak, Anthony	St Joseph	26.24m
5 Abeleda, Bryan Karl	St Joseph	25.03m
6 Laprairie, Ezra	Aden Bowman	24.39m
7 Kadri, Chris	Walter Murra	23.53m
8 Gallays, Adam	Centennial	20.55m
9 Ban, Taerin	Holy Cross	20.42m
10 Epp, Andrew	Holy Cross	20.09m
11 Roe, Jake	Walter Murra	19.48m
12 Awasis, Julian	Centennial	19.38m
13 Kwok, Karson	Tommy Dougla	18.72m
14 Arthurs, Ezra	Bethlehem	17.51m
15 Chen, Rongtai	Centennial	16.81m
16 Boychuk, Kolby	St Joseph	15.56m
17 Sharma, Nirvan	Walter Murra	15.06m
--- Dubois, Sonny	Bedford Road	ND
--- Fernet, Cassius	Evan Hardy	ND

**Boys 100 Meter Dash Junior**

Name	School	Finals
1 Gignac Asselin, Grayson	Walter Murra	11.57
2 Alimasi, Joseph	Bethlehem	11.74
3 Oguocha, Eche	Centennial	11.87
4 Dean, Lucas	Evan Hardy	11.92
5 Howell, Ihedinachukwu	St Joseph	12.18
6 Mescall, Liam	Aden Bowman	12.31
7 Fugel, Rylan	Tommy Dougla	12.37
8 Painchaud, Spencer	Holy Cross	12.38
9 Trew, Javier	Centennial	12.46

## SSSAD Twilight Meet May 15 - 2024-05-15

## Gordie Howe Sports Complex

## Results

**Finals ... (Boys 100 Meter Dash Junior)**

Name	School	Finals
10 George, Winston	Walter Murra	12.49
11 Misa-Delaine, Nicolas	Bethlehem	12.49
12 Karoyo, Faisal	Walter Murra	12.59
13 Hassan, Francis	Bethlehem	12.61
14 Lukash, Evan	Marion Graha	12.63
15 Isho, Maykil	Holy Cross	12.66
16 Nieduziak, Pedro	Bethlehem	12.69
17 Painchaud, Preston	Holy Cross	12.73
18 Pettapiece, Blaze	Bishop James	12.81
19 Asiamah, John	Walter Murra	12.82
20 Martinez, Gabe	Evan Hardy	12.85
21 Woodward, Kyle	Ecole Canadi	12.88
22 Ficko, Johnny	Bedford Road	12.89
23 Isikaku, Dennis	Holy Cross	12.89
24 Garlimah, Issa	Bethlehem	12.93
25 Wu, Darren	Aden Bowman	12.94
26 Horsfall-Okoh, Tekena	Holy Cross	12.98
27 Ahmad, Masroor	Walter Murra	13.14
28 Pop, Stefan	Evan Hardy	13.14
29 Tay, Benjamin	Centennial	13.16
30 Oyedele, Joshua	St Joseph	13.16
31 Usselman, Karden	Centennial	13.23
32 Crane, Sequoyah	ED Feehan	13.24
33 Shewchuk, Troy	Evan Hardy	13.26
34 Shuvo, Mohammad	Walter Murra	13.30
35 Umejiego, Micheal	Holy Cross	13.33
36 Diego, David	Centennial	13.33
37 Griffith, Wynn	Walter Murra	13.42
38 Caparas, Gian	Bishop James	13.43
39 Batbayer, Billy	Aden Bowman	13.48
40 Valerio, Brent	Bethlehem	13.48
41 Wallace, Wayne	Bishop James	13.51
42 Daud, Ayman	Evan Hardy	13.54
43 Reid, Ty	Tommy Dougla	13.63
44 Slater, Myles	Marion Graha	13.65
45 Tomlin, Jackson	Bedford Road	13.78
46 Adeleye, Daniel	St Joseph	13.84
47 Buckley, Nathan	Bedford Road	13.89
48 Novosel, Lukas	Bedford Road	14.45
49 Samelo, Anakin	Bishop James	15.20
50 Chami, Alexandre	Walter Murra	15.50

**Boys 400 Meter Dash Junior**

Name	School	Finals
<b>Finals</b>		
1 Yakhoub Souleymane, Ali	Walter Murra	55.64
2 Moser, Daniel	Bishop James	56.04
3 Alimasi, Joseph	Bethlehem	56.84
4 Marshall, Luke	Bishop James	56.89
5 Hassan, Francis	Bethlehem	56.93
6 Misa-Delaine, Nicolas	Bethlehem	57.89
7 Painchaud, Preston	Holy Cross	58.23
8 Painchaud, Spencer	Holy Cross	59.87
9 Ahmad, Masroor	Walter Murra	1:00.55

10 Shuvo, Mohammad	Walter Murra	1:00.99
11 Asiamah, John	Walter Murra	1:01.12
12 Singh, Harjot	Walter Murra	1:03.27
13 Dissanayake, Dimal	Walter Murra	1:03.45
14 Oboh, Tejiri	St Joseph	1:05.90
15 Novosel, Lukas	Bedford Road	1:07.63
16 Carr, Landon	Centennial	1:09.75
17 Juhnke, Brendan	St Joseph	1:10.35

**Boys 1500 Meter Run Junior**

Name	School	Finals
<b>Finals</b>		
1 Friesen, Drake	Tommy Dougla	4:32.09
2 Waldschmidt, Caleb	Walter Murra	4:32.53
3 Dodge, Preston	St Joseph	4:32.69
4 Yakhoub Souleymane, Ali	Walter Murra	4:39.52
5 Karoyo, Faisal	Walter Murra	4:45.99
6 Salewich, Isaiah	Holy Cross	4:47.60
7 Marshall, Luke	Bishop James	4:58.50
8 Mutongolo, Raphael	Holy Cross	5:10.47
9 Crone, Caeleb	Holy Cross	5:10.57
10 Crane, Sequoyah	ED Feehan	5:10.89
11 Dennis, Evan	Walter Murra	5:17.14
12 Juhnke, Brendan	St Joseph	5:37.66
13 Shuvo, Mohammad	Walter Murra	5:39.88

**Boys Long Jump Junior**

Name	School	Finals
<b>Finals</b>		
1 Fugel, Rylan	Tommy Dougla	6.29m
2 Alimasi, Joseph	Bethlehem	5.65m
3 Nondo, Albert	ED Feehan	5.57m
4 Stade, Bennett	Aden Bowman	5.32m
5 Usselman, Karden	Centennial	5.16m
5 Reid, Ty	Tommy Dougla	5.16m
7 Nieduziak, Pedro	Bethlehem	5.12m
8 Howell, Ihedinachukwu	St Joseph	5.05m
9 Gallenero, Marcus	Marion Graha	4.93m
10 Gaboury, Shoji	Evan Hardy	4.88m
11 Garlimah, Issa	Bethlehem	4.86m
11 Adeleye, Daniel	St Joseph	4.86m
13 Yakhoub Souleymane, Ali	Walter Murra	4.83m
14 Shewchuk, Troy	Evan Hardy	4.81m
15 Mutongolo, Raphael	Holy Cross	4.80m
16 Akaraiwe, Dominion	St Joseph	4.66m
17 Macangus, Kaden	St Joseph	4.60m
18 Glova, Parker	Centennial	4.59m
19 Umejiego, Micheal	Holy Cross	4.55m
20 In-Uyay, Yancey	Bethlehem	4.54m
21 Martinez, Gabe	Evan Hardy	4.48m
22 Ficko, Johnny	Bedford Road	4.38m
23 Woodward, Kyle	Ecole Canadi	4.33m
24 Ewejobi, Raphael	St Joseph	4.28m
25 Buckley, Nathan	Bedford Road	4.21m
26 Tay, Benjamin	Centennial	4.20m
27 Samelo, Anakin	Bishop James	4.18m

## SSSAD Twilight Meet May 15 - 2024-05-15

## Gordie Howe Sports Complex

## Results

**Finals ... (Boys Long Jump Junior)**

Name	School	Finals
28 Crone, Caeleb	Holy Cross	4.08m
29 Chami, Alexandre	Walter Murra	3.63m

**Boys Javelin Throw Junior**

Name	School	Finals
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**Finals**

1 Heinbigner, Scott	Aden Bowman	42.87m
2 Mescall, Liam	Aden Bowman	33.73m
3 Dawson, Cole	Centennial	32.13m
4 Han, Aiden	Evan Hardy	31.39m
5 Rhode, Dominic	Holy Cross	30.39m
6 Li, Tim	Holy Cross	29.85m
7 Papp-Kinequon, Jarett	Tommy Dougla	28.69m
8 Black, Phoenix	Bedford Road	28.02m
9 Malinski, Oliver	Evan Hardy	27.93m
10 Steadman, Silas	Evan Hardy	27.40m
11 Ewejobi, Raphael	St Joseph	26.55m
12 Garlimah, Issa	Bethlehem	25.70m
13 Fehr, Brendan	Bedford Road	24.93m
14 Abolade, Fuhad	St Joseph	24.74m
15 Pop, Stefan	Evan Hardy	23.73m
16 Alimasi, Joseph	Bethlehem	22.79m
17 Baragar, Dominic	Bethlehem	22.45m
18 Barlow, Dominic	Holy Cross	22.44m
19 Isikaku, Dennis	Holy Cross	21.86m
20 Oyedele, Joshua	St Joseph	20.65m
21 Matta, Gaby	Holy Cross	20.49m
22 Kochanski, Matthew	Holy Cross	20.30m
23 Hamel Chan, Rylan	Walter Murra	20.09m
--- H, Kyren	Bishop James	ND

**Boys 100 Meter Dash Senior**

Name	School	Finals
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**Finals**

1 Blackburn, Brady	Aden Bowman	11.27
2 Coquet, Talon	Holy Cross	11.34
3 Holman, Cory	St Joseph	11.39
4 Tetrault, Michael	Marion Graha	11.46
5 Tsinkorang, Enoch	Bethlehem	11.60
6 Arcamo, Ace	Holy Cross	11.63
7 Irwin, Niklos	Bishop James	11.69
8 Kok, Logan	Holy Cross	11.79
9 Isbister, Alex	Aden Bowman	11.80
10 Gold, Michael	St Joseph	11.82
11 King, Jackson	Marion Graha	11.85
12 Schamber, Luke	Aden Bowman	11.85
13 Prefontaine, Tyler	Holy Cross	11.89
14 Bugler-Cann, Dreyton	Centennial	11.94
15 Lofstrom, Caine	Centennial	11.96
16 Chubb, Avery	Marion Graha	11.96
17 Mohr, Tyrell	St Joseph	12.01
18 Ogunranti, Fredrick	Holy Cross	12.06
19 Mohamed Jamal, Milkeysa	Centennial	12.07
20 Woods, Reece	Evan Hardy	12.12

21 Hamilton, Ryan	Centennial	12.16
22 Chirisa, Emmanuel	St Joseph	12.16
23 Schuler, Justin	Bishop James	12.17
24 Mwendanga, Exauce	Bethlehem	12.19
25 Giroux, Ryan	St Joseph	12.26
26 Lewendon, Hunter	Marion Graha	12.28
27 Grabowski, Mason	Aden Bowman	12.28
28 Arnold, Nemo	St Joseph	12.29
29 Meng, Mark	Walter Murra	12.31
30 Lysyshyn, Elliott	Marion Graha	12.32
31 Li, Josh	Aden Bowman	12.34
32 Besong, Samuel	Bethlehem	12.38
33 Oyedeji, Femi	Walter Murra	12.38
34 Granger, Simon	Holy Cross	12.40
35 O'Connell, Tristan	St Joseph	12.43
36 Amah, Charles	Holy Cross	12.44
37 Mutongolo, Bwidju	Holy Cross	12.44
38 Kolisnyk, Owen	Centennial	12.44
39 Irumva, Mike Guy	Bethlehem	12.45
40 Gerwing, Dawson	Centennial	12.46
41 O'Keefe, Gabe	Centennial	12.47
42 Janzen, Coen	Walter Murra	12.55
43 Fafure, Michael	St Joseph	12.55
44 Sokalofsky, Troy	Tommy Dougla	12.56
45 Dover, Caleb	Bedford Road	12.56
46 Sembalerus, Takis	Walter Murra	12.72
47 Rodriguez, Guillermo	Bedford Road	12.74
48 Mase, Kolbe	St Joseph	12.74
49 Paulsen, Eli	Centennial	12.82
50 Hazelwanter, Gunnar	Evan Hardy	12.83
51 Swan, Cohen	Centennial	12.87
52 Bayo-Atoun, Teniola	St Joseph	12.90
53 Polishchuk, Yehor	Bedford Road	12.95
54 Gomes, Papine	Evan Hardy	12.98
55 Bangura, Jesse	Bethlehem	13.04
56 Bandet, Kynyn	Bishop James	13.05
57 Poochay, Charles	Bedford Road	13.08
58 Hoffman, Cohen	Walter Murra	13.10
59 Gill, Arman	Bedford Road	13.15
60 Peters, Luke	St Joseph	13.20
61 Hartsook, Logan	Centennial	13.28
62 Bean, Fabian	Walter Murra	13.33
63 Benko, Shane	Bishop James	13.37
64 Powalinsky, Jacob	St Joseph	13.37
65 Sherwood, William	Walter Murra	13.37
66 Bean, Rushawn	Walter Murra	13.44
67 Liu, Max	Walter Murra	13.50
68 Karnaukh, Denys	Bishop James	13.58
69 Ahmed, Arsalan	Walter Murra	13.59
70 Tran, Hao	Walter Murra	13.61
71 Williamson, Chason	Walter Murra	13.77
72 Liu, Joah	Walter Murra	13.81
73 Baldoza, Ivan	Bethlehem	13.98
74 Perez, Noel	Walter Murra	13.98
75 McQueen, Kyle	Centennial	14.08
76 Sajid, Mohammad Affan	Walter Murra	14.09



## SSSAD Twilight Meet May 15 - 2024-05-15

## Gordie Howe Sports Complex

## Results

**Finals ... (Boys 100 Meter Dash Senior)**

	Name	School	Finals
77	Shaikh, Aarez	Walter Murra	14.26
78	Adeyemi, Joshua	Bishop James	14.41
79	Gillespe, Ethan	Aden Bowman	15.61

**Boys 400 Meter Dash Senior**

	Name	School	Finals
<b>Finals</b>			
1	Hussey, Michael	Walter Murra	50.53
2	Irwin, Niklos	Bishop James	50.84
3	Blackburn, Brady	Aden Bowman	51.42
4	Bugler-Cann, Dreyton	Centennial	51.54
5	Schuler, Justin	Bishop James	53.52
6	Chubb, Avery	Marion Graha	54.73
7	Swan, Cohen	Centennial	54.80
8	Rodriguez, Guillermo	Bedford Road	55.63
9	Mutongolo, Bwidju	Holy Cross	56.08
10	Prange, Liam	Walter Murra	56.53
11	Horbach, Teegan	Holy Cross	56.65
12	Polishchuk, Yehor	Bedford Road	56.96
13	Dover, Caleb	Bedford Road	57.06
14	Paulsen, Eli	Centennial	57.10
15	Irumva, Mike Guy	Bethlehem	57.20
16	Block, Ezra	Bedford Road	57.37
17	Bennett, Luke	Bedford Road	57.78
18	Chirisa, Emmanuel	St Joseph	57.94
19	Lewendon, Hunter	Marion Graha	57.97
20	Karam, Matthew	Holy Cross	58.65
21	Granger, Simon	Holy Cross	58.91
22	Li, Josh	Aden Bowman	59.38
23	Sembalerus, Takis	Walter Murra	1:00.32
24	Bangura, Jesse	Bethlehem	1:00.39
25	Sokalofsky, Troy	Tommy Dougla	1:00.68
26	Besong, Samuel	Bethlehem	1:00.92
27	Zhao, Elijah	Walter Murra	1:01.06
28	Tran, Hao	Walter Murra	1:01.73
28	Anstey, Mathew	St Joseph	1:01.73
30	Hartsook, Logan	Centennial	1:01.73
31	Gill, Arman	Bedford Road	1:01.86
32	Baldoza, Ivan	Bethlehem	1:03.03
33	Stewart, Gavin	Centennial	1:03.39
34	Kozuska, Blake	Centennial	1:03.78
35	Clark, Hayden	St Joseph	1:04.34
36	Liu, Max	Walter Murra	1:04.47
37	Lenz, Zane	Evan Hardy	1:04.50
38	Powalinsky, Jacob	St Joseph	1:04.62
39	Perez, Noel	Walter Murra	1:04.64
40	Morrison-Fritz, Donovan	Marion Graha	1:04.87
41	McQueen, Kyle	Centennial	1:07.74
42	Adeyemi, Joshua	Bishop James	1:08.69
43	Maclaurin, Kyle	Centennial	1:10.00
44	Al-Hammadi, Abdulrahma	Walter Murra	1:10.40

**Boys 1500 Meter Run Senior**

	Name	School	Finals
<b>Finals</b>			
1	Trejo, Meteo	Aden Bowman	4:15.12
2	Hussey, Michael	Walter Murra	4:17.01
3	Friesen, Bennett	Walter Murra	4:28.85
4	Irwin, Niklos	Bishop James	4:32.43
5	Andrew, Sam	Holy Cross	4:34.83
6	Nightingale, Luke	Bishop James	4:44.62
7	Zhao, Elijah	Walter Murra	4:55.54
8	Tran, Hao	Walter Murra	5:06.53
9	Schuler, Justin	Bishop James	5:11.06
10	Stewart, Gavin	Centennial	5:12.84
11	Lundsten, Jake	Aden Bowman	5:14.46
12	Bamidele, Oluwagbemilek	St Joseph	5:21.05
13	Mutongolo, Bwidju	Holy Cross	5:22.91
14	Anstey, Mathew	St Joseph	5:25.55
15	Gill, Arman	Bedford Road	5:27.09
16	Kozuska, Blake	Centennial	5:30.28
17	Block, Ezra	Bedford Road	5:31.44
18	Al-Hammadi, Abdulrahma	Walter Murra	6:05.70
19	Banks, Farooq	St Joseph	6:42.04

**Boys Long Jump Senior**

	Name	School	Finals
<b>Finals</b>			
1	Tetrault, Michael	Marion Graha	6.72m
2	Lofstrom, Caine	Centennial	5.76m
3	Mase, Kolbe	St Joseph	5.68m
4	O'Keefe, Gabe	Centennial	5.66m
5	Bandet, Kynyn	Bishop James	5.65m
6	Chirisa, Emmanuel	St Joseph	5.57m
7	Fraser, Graydon	Evan Hardy	5.56m
7	Mashange, Melsh	Centennial	5.56m
9	Isbister, Alex	Aden Bowman	5.53m
10	Mohamed Jamal, Milkeysa	Centennial	5.52m
11	Tsinkorang, Enoch	Bethlehem	5.24m
12	Besong, Samuel	Bethlehem	5.20m
13	Paulsen, Eli	Centennial	5.16m
14	Abioye, Nifemi	St Joseph	5.12m
15	Sokalofsky, Troy	Tommy Dougla	5.09m
16	Black, Jean	Tommy Dougla	4.88m
17	Gill, Arman	Bedford Road	4.77m
18	Liu, Joah	Walter Murra	4.68m
19	Lysyshyn, Elliott	Marion Graha	4.65m
20	Shevela, Mitchell	Evan Hardy	4.63m
21	Adeyemi, Samuel	St Joseph	4.62m
22	Powalinsky, Jacob	St Joseph	4.58m
23	Prange, Liam	Walter Murra	4.57m
24	Benko, Shane	Bishop James	4.51m
25	Swan, Cohen	Centennial	4.48m
26	Zhao, Elijah	Walter Murra	4.39m
27	Bennett, Luke	Bedford Road	4.24m
28	Maclaurin, Kyle	Centennial	4.08m
29	Clatney, Marcus	St Joseph	4.05m

## SSSAD Twilight Meet May 15 - 2024-05-15

## Gordie Howe Sports Complex

## Results

**Finals ... (Boys Long Jump Senior)**

	<b>Name</b>	<b>School</b>	<b>Finals</b>
30	Bean, Fabian	Walter Murra	4.03m
31	Hoffman, Cohen	Walter Murra	4.00m
32	Sajid, Mohammad Affan	Walter Murra	3.95m
33	Gillespe, Ethan	Aden Bowman	3.69m
---	Holman, Cory	St Joseph	ND

**Boys Javelin Throw Senior**

	<b>Name</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>			
1	Frey, Colby	Holy Cross	44.62m
2	Liebrecht, Grant	Bishop James	38.92m
3	Mercier, Dustin	St Joseph	36.21m
4	Patel, Teerth	Bedford Road	33.70m
5	Sommacal, Noah	St Joseph	31.27m
6	Angelstad, Taz	Aden Bowman	30.98m
7	Black, Jean	Tommy Dougla	30.32m
8	Wheeler, Seth	Aden Bowman	30.17m
9	Sherwood, William	Walter Murra	30.04m
10	Stewart, Ben	St Joseph	29.50m
11	Gogal, James	Walter Murra	29.44m
12	Jamieson, Ted	Aden Bowman	29.23m
13	Granger, Simon	Holy Cross	28.84m
14	Swiftwolfe, Tyrin	ED Feehan	27.54m
15	Ahmed, Arsalan	Walter Murra	26.90m
16	Lenz, Zane	Evan Hardy	26.44m
17	Giroux, Ryan	St Joseph	26.40m
18	Oyedeji, Femi	Walter Murra	25.71m
19	Hazelwanter, Gunnar	Evan Hardy	24.03m
20	Sefu, Amuri	St Joseph	23.84m
21	Moser, Dominic	Bishop James	22.73m
22	Kadri, Caleb	Walter Murra	21.51m
23	Uddin, Naafi	Bedford Road	20.32m
24	Sewchuck, Gabriel	Walter Murra	19.90m
25	Elgedawi, Abdel	Bedford Road	19.48m
26	Liu, Joah	Walter Murra	17.18m
27	Nickolayou, Hutton	St Joseph	17.12m
28	Tay, Elijah	Centennial	15.27m
29	Banks, Farooq	St Joseph	13.95m