

2023 SSSAD Cross Country City Championships - 2023-10-04**Victoria Park****Results****....Event 2 Boys 3k Run CC Intermediate**

2 Aden Bowman		16	3	6	7	8	20
Total Time:	34:19.90						
Average:	11:26.64						
3 Centennial		44	11	15	18	22	35
Total Time:	38:28.70						
Average:	12:49.57						
4 Holy Cross		48	9	10	29	32	37
Total Time:	38:25.70						
Average:	12:48.57						
5 St Joseph		52	13	14	25	27	33
Total Time:	39:11.10						
Average:	13:03.70						
6 Marion Graham		64	17	23	24		
Total Time:	42:06.60						
Average:	14:02.20						
7 Bishop J Mahoney		96	26	34	36		
Total Time:	54:01.90						
Average:	18:00.64						

2023 SSSAD Cross Country City Championships - 2023-10-04**Victoria Park****Results****Event 1 Girls 3k Run CC Intermediate**

Name	Year School	Finals	Points
Results - Women			
1 Deutscher, Ryan	Walter Murray	12:08.10	1
2 Russell, Lauren	Marion Graham	12:18.20	2
3 Smith, Juliette	Walter Murray	12:24.00	3
4 Loshack, Cooper	Aden Bowman	12:25.20	4
5 Rittinger, Aubrie	Aden Bowman	12:31.60	5
6 Shakotko, Riel	Bishop J Mahoney	12:38.30	6
7 Milnthorp, Julia	Bishop J Mahoney	12:44.00	7
8 Roy, Jordan	St Joseph	12:44.10	8
9 Murrieta, Sofia	Centennial	12:51.50	9
10 Zimmer, Abbey	Marion Graham	12:51.80	10
11 Block, Hilary	Bedford Road	13:03.30	11
12 Stolte, Tori	Tommy Douglas	13:12.90	12
13 Abrametz, Claire	Holy Cross	13:15.10	13
14 Deutscher, Alexa	St Joseph	13:23.20	14
15 D'Souza, Emma	Holy Cross	13:28.20	15
16 Hanson, Addy	Holy Cross	13:33.40	16
17 Scammell, Avery	Walter Murray	14:01.50	17
18 Jones, Ainsley	Walter Murray	14:01.80	18
19 Blissitt, Charlotte	Centennial	14:03.90	19
20 Becker, Kyla	Tommy Douglas	14:10.50	20
21 Dykstra, Jessica	Marion Graham	14:11.30	21
22 Vasconez, Bella	Bishop J Mahoney	14:23.60	22
23 Bilinski, Kianna	Walter Murray	14:23.90	23
24 Northcott, Alexa	Walter Murray	14:42.60	24
25 Salahub, Scarlett	Holy Cross	14:43.70	25
26 Ferguson, Brie	Marion Graham	14:59.30	26
27 Wiker, Addie	Bishop J Mahoney	15:21.70	27
28 Fairburn, Sydney	Bedford Road	15:40.90	28
29 Manz, Peyton	Centennial	15:42.10	29
30 Longo, Leah	Centennial	16:17.10	30
31 Brad, Arina	Centennial	16:21.50	31
32 Calow, Jessica	Bedford Road	16:27.20	32
33 Salooja, Naamroop	Bedford Road	16:59.30	33
34 MacNeill-Andreen, Mikael	Holy Cross	17:05.00	34
35 Clarke, Sadie	Evan Hardy	17:10.90	35
36 Myrol, Kate	Bishop J Mahoney	17:14.10	36
37 Rudachyk, Annie	Bedford Road	17:35.60	37
38 Rudy, Coral	Aden Bowman	18:04.20	38
39 Morin, Rhianna	Tommy Douglas	18:10.20	39
40 Duval, Cloe	Marion Graham	18:10.40	40
41 Kumick, Teela	Walter Murray	18:26.70	41
42 Suresh Kumar, Samyuktha	Aden Bowman	18:29.10	42
43 Vien, Emily	Bethlehem	18:35.60	43
44 Gibbs, Syerra	Bethlehem	18:48.80	44
45 Zapata, Ana	Centennial	19:42.60	45
46 Sarwat, Sarwat	Aden Bowman	20:32.90	46

2023 SSSAD Cross Country City Championships - 2023-10-04

Victoria Park

Results

....Event 4 Boys 4k Run CC Junior

4 Evan Hardy	75	21	25	29
Total Time:	1:06:57.60			
Average:	22:19.20			

2023 SSSAD Cross Country City Championships - 2023-10-04**Victoria Park****Results****Event 6 Boys 5k Run CC Senior**

Name	Year School	Finals	Points
Results - Men			
1 Daba, Yerosen	Holy Cross	16:41.70	1
2 Zoumar, Rayane	Walter Murray	17:05.00	2
3 Trejo-Monroy, Mateo	Aden Bowman	17:19.30	3
4 Irwin, Niklos	Bishop J Mahoney	17:25.90	4
5 Andrew, Sam	Holy Cross	17:34.70	5
6 Friesen, Bennett	Walter Murray	17:35.70	6
7 Sofko-Hussey, Michael	Walter Murray	18:18.00	7
8 English, Alistair	Walter Murray	18:49.10	8
9 Zimmer, Isaac	Marion Graham	19:00.50	9
10 Nightingale, Luke	Bishop J Mahoney	19:02.50	10
11 Schuler, Justin	Bishop J Mahoney	19:08.00	11
12 Glenister, Brennon	Marion Graham	19:11.60	12
13 Amundson, Severin	Walter Murray	19:26.60	13
14 Sawchyn, William	Walter Murray	19:35.70	14
15 Prange, Liam	Walter Murray	19:48.80	15
16 Gusikoski, Dawson	St Joseph	19:56.50	16
17 Zhao, Elijah	Walter Murray	20:23.90	17
18 McCumber, Bennett	Walter Murray	20:29.30	18
19 Block, Ezra	Bedford Road	20:42.20	19
20 Lundsten, Jake	Aden Bowman	21:22.60	20
21 Anstey, Mathew	St Joseph	21:28.50	21
22 Hartsook, Logan	Centennial	21:38.10	22
23 Joslin, Joshua	Bishop J Mahoney	21:46.70	23
24 Wong, Lo	Holy Cross	21:48.50	24
25 Soanes, Lachlan	Centennial	21:53.20	25
26 Mcruvie, Caidan	Holy Cross	22:09.50	26
27 Mase, Kolbe	St Joseph	22:13.20	27
28 Bamidele, Gbemileke	St Joseph	22:13.90	28
29 Gill, Arman	Bedford Road	22:14.20	29
30 Gustafson, Nohl	Walter Murray	23:02.30	30
31 Afridi, Aaraiz	Walter Murray	23:12.20	31
32 Abdalla, Fares	Centennial	24:00.80	32
33 Daniels-White, Stephen	Ecole Can Fran	24:01.10	33
34 Halbgewachs, Plamen	St Joseph	24:03.40	34
35 Epampia, Frank	Ecole Can Fran	24:04.00	35
36 Sherwood, William	Walter Murray	24:15.80	36
37 Shabani, Songolo	ED Feehan	25:14.60	37
38 Chen, Hanson	Walter Murray	26:36.80	38
39 Murad, Talha	Centennial	27:01.90	39
40 Samuel, Timothy	St Joseph	27:24.50	40
41 Abdullah, Nirban	Bedford Road	27:42.60	41
42 Duong, Anthony	Centennial	27:55.90	42

2023 SSSAD Cross Country City Championships - 2023-10-04**Victoria Park****Results****Event 5 Girls 4k Run CC Senior**

Name	Year School	Finals	Points
Results - Women			
1 Beveridge-Warick, Annie	Aden Bowman	15:43.60	1
2 Nemeth, Eszter	Walter Murray	16:09.80	2
3 Shelton, Kyra	Aden Bowman	16:28.50	3
4 Hilderman, Caley	Marion Graham	17:21.10	4
5 Helgason, Kaitlyn	Walter Murray	17:29.70	5
6 Smith, Lauren	Walter Murray	17:57.00	6
7 Morog, Zuzana	Walter Murray	18:01.00	7
8 Mundell, Ava	Walter Murray	18:06.20	8
9 Bennett, Claire	Walter Murray	18:16.20	9
10 Fuentealba, Elena	St Joseph	18:36.60	10
11 Bolme, Zoe	Tommy Douglas	18:44.50	11
12 Prokop, Charli	St Joseph	18:56.30	12
13 Kupser, Ella	Centennial	19:35.00	13
14 Colborne, Julia	Walter Murray	19:40.00	14
15 Hanson, Jocelyn	Holy Cross	20:00.20	15
16 Halabura, Payton	Holy Cross	20:05.20	16
17 Kalyar, Sofia	Marion Graham	20:31.70	17
18 Hilderman, Mya	Marion Graham	20:33.40	18
19 Sparks, Megan	Marion Graham	20:55.20	19
20 Codling, Jayda	Holy Cross	21:15.90	20
21 Kulbida, Neveah	Bishop J Mahoney	21:38.60	21
22 Kennell, Ebyn	Walter Murray	21:55.60	22
23 Lyons, Elizabeth	Walter Murray	22:24.40	23
24 Brick, Shaylin	St Joseph	22:31.50	24
25 Norval, Nicola	Holy Cross	22:44.00	25
26 Wilson, Drew	Marion Graham	23:28.80	26
27 Cayabyab, Katelyn	Holy Cross	23:46.90	27
28 Suevos, Carmen	Bethlehem	23:47.30	28
29 Rosman, Maci	St Joseph	23:51.40	29
30 Szydlowski, Isabella	St Joseph	23:52.80	30
31 Maier, Amelia	Centennial	24:25.80	31
32 Wood, Jessie	Walter Murray	25:00.00	32
33 Tellez-Hernandez, Isabel	St Joseph	25:04.00	33
34 Davidson, Olivia	Tommy Douglas	25:06.20	34
35 Sielski, Jordyn	St Joseph	25:06.60	35
36 Cherkas, Sophie	Holy Cross	28:33.60	36
37 Dela Paz, Czarina Sydney	Bishop J Mahoney	29:03.70	37
38 Peacock, Shelby	Tommy Douglas	29:47.50	38
39 Podherodeski, Olivia	Holy Cross	33:02.90	39

Team Scores

Rank Team	Total	1	2	3	*4	*5	*6	*7	*8	*9
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Results - Women

2023 SSSAD Cross Country City Championships - 2023-10-04**Victoria Park****Results****....Event 5 Girls 4k Run CC Senior**

1	Walter Murray	13	2	5	6	7	8	9	14	22	23
	Total Time:	51:36.50									
	Average:	17:12.17									
2	Marion Graham	39	4	17	18	19	26				
	Total Time:	58:26.20									
	Average:	19:28.74									
3	St Joseph	46	10	12	24	29	30	33	35		
	Total Time:	1:00:04.40									
	Average:	20:01.47									
4	Holy Cross	51	15	16	20	25	27	36	39		
	Total Time:	1:01:21.30									
	Average:	20:27.10									
5	Tommy Douglas	83	11	34	38						
	Total Time:	1:13:38.20									
	Average:	24:32.74									

2023 SSSAD Cross Country City Championships

		TOT
1	Walter Murray	30
2	Aden Bowman	6
2	Marion Graham	6
4	Centennial	4
4	Bishop J Mahoney	4
6	Holy Cross	3
7	St. Joseph	1

2023 SSSAD Cross Country City League Champions

		Total
1	Walter Murray	30
2	Holy Cross	23
3	Centennial	19
8	Aden Bowman	13
10	Marion Graham	10
3	St. Joseph	9.5
6	Bishop J Mahoney	8.83
7	Evan Hardy	4
9	Bedford Road	2.33
5	Tommy Douglas	1.33

2023 SSSAD Cross Country Most Improved

1	Aden Bowman	97%
2	Holy Cross	44%
3	Centennial	41%
4	St. Joseph	39%
5	Bishop J Mahoney	32%
6	Evan Hardy	26%
7	Bethlehem	4%
8	Walter Murray	0%