

BOB ADAMS TRACK & FIELD CITY CHAMPIONSHIP

Wednesday May 25, 2022

Track 4:30 pm - 6:45 pm			Track 7:30 pm - End		
Time	Category	Track Events	Time	Category	Track Events
5:00 PM	I.G.	100m heats	7:30 PM	I.G.	100m Final
5:12 PM	I.B.	100m heats		I.B.	100m Final
5:22 PM	J.G.	100m heats		J.G.	100m Final
5:30 PM	J.B.	100m heats		J.B.	100m Final
5:38 PM	S.G.	100m heats		S.G.	100m Final
5:45 PM	S.B.	100m heats		S.B.	100m Final
5:50 PM	I.G.	400m Timed Final	7:45 PM	100m	Wheelchair Final
5:58 PM	I.B.	400m Timed Final	7:50 PM	S.G.	1500m Final
6:06 PM	J.G.	400m Timed Final		S.B.	1500m Final
6:14 PM	J.B.	400m Timed Final	8:10 PM	I.G.	4x100m Relay
6:22 PM	S.G.	400m Timed Final		I.B.	4x100m Relay
6:30 PM	S.B.	400m Timed Final	8:25 PM	J.G.	4x100m Relay
6:45 PM	I.G.	1500m Final		J.B.	4x100m Relay
	I.B.	1500m Final	8:40 PM	S.G.	4x100m Relay
	J.G.	1500m Final		S.B.	4x100m Relay
	J.B.	1500m Final			

Field					
Time	Long Jump SE Pit	Triple Jump NW Pit	High Jump	Discus	Javelin South
4:30 PM	S.B.	J.G.	I.B.	I.G.	J.B.
5:45 PM	J.B.	S.G.	S.B.	J.G.	I.G.
7:00 PM	I.B.	I.G.	J.B.	S.G.	J.G.
8:15 PM					S.G.

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Thursday May 26, 2022

Track 1:00 pm - 5:35 pm			Track 5:50 pm - End		
Time	Category	Track Events	Time	Category	Track Events
1:00 PM	Quad G	100m Quad Final	5:50 PM	S.B.	100m H. Final
	Quad B	100m Quad Final	5:55 PM	J.B.	100m H. Final
1:15 PM	I. G.	200m heats	6:00 PM	I.B.	80m H. Final
	I. B.	200m heats	6:04 PM	S.G.	80m H. Final
1:35 PM	J.G.	200m heats	6:08 PM	J.G.	80m H. Final
	J.B.	200m heats	6:14 PM	I.G.	80m H. Final
1:55 PM	S.G.	200m heats	<i>Hurdles Take Down</i>		
	S.B.	200m heats	6:20 PM	S.G.	3000m Final
<i>Hurdles Set Up</i>			6:35 PM	S.B.	3000m Final
2:15 PM	I.G.	800m Final	6:50 PM	I.G.	200m Final
	I.B.	800m Final		I.B.	200m Final
2:25 PM	J.G.	800m Final		J.G.	200m Final
	J.B.	800m Final		J.B.	200m Final
2:35 PM	S.G.	800m Final		S.G.	200m Final
	S.B.	800m Final		S.B.	200m Final
2:45 PM	400m	Wheelchair Final	7:10 PM	Quad G.	800m Quad Final
2:50 PM	I.G.	80m H. heats		Quad B.	800m Quad Final
	J.G.	80m H. heats	7:20 PM	I.G.	4x400m Relay
	S.G.	80m H. heats		I.B.	4x400m Relay
	I.B.	80m H. heats	7:35 PM	J.G.	4x400m Relay
	J.B.	100m H. heats		J.B.	4x400m Relay
	S.B.	100m H. heats	7:50 PM	S.G.	4x400m Relay
<i>Hurdles Set Up for 3000m (open lanes 1-4)</i>				S.B.	4x400m Relay
3:40 PM	I.G.	3000m Final	8:20 PM	Awards Presentation:	
3:55 PM	I.B.	3000m Final	Age Division Pennants		
5:20 PM	J.G.	3000m Final	Meet Championship Trophy		
5:35 PM	J.B.	3000m Final	Most Improved Trophy		

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Field								
Time	Long Jump	Triple Jump	High Jump	Pole Vault	Shot Put 1	Shot Put 2	Discus	Javelin
	SE Pit	NW Pit			SE Circle	SW Circle		North
12:30 PM	All Girls							
1:00 PM	I.G.	I.B.	J.G.				I.B.	
2:15 PM	Quad B.	S.B.	I.G.		Quad Girls	I.B.	J.B.	
2:30 PM	All Boys							
3:30 PM	J.G.	Quad G - LJ	S.G.		Quad Boys	J.B.	S.B.	
4:45 PM	S.G.	J.B.			J.G.	S.B.		I.B.
6:00 PM					I.G.	S.G.		S.B.